

ALL CLASSES ARE HELD AT THE IOWA COMMUNITY CENTER.

DANCE CLASS DESCRIPTIONS



CLASS ATTIRE

Proper dance attire is mandatory.

- CREATIVE DANCE AND BALLET:**
Any solid color leotard, pink or black tights, skirts are acceptable, pink ballet shoes
- TAP:**
Any solid color leotard, pink or black tights, black ribbon tie tap shoes for Beginner classes, black adult sole tap shoes for Intermediate & Advanced classes
- JAZZ:**
Any solid color leotard, pink or black tights, black split sole jazz shoes
- TECHNIQUE:**
Any color leotard, pink or black tights, black split sole jazz shoes
- ADULT DANCE:**
Comfortable clothing, ballet or jazz shoes
- PERFORMANCE TEAMS:**
Black leotard, pink, black or tan tights, leggings and jazz shorts are acceptable, black jazz shoes

All dancers must be the proper age by the first day of class. All dances classes are for children unless otherwise noted. Proper dance attire is mandatory. Registration for Performance Team classes is open to current Winter/Spring 2018-2019 team dancers. Please note: there will be no-prorated fees after classes begin.

Creative Dance
Creative Dance provides an introduction to dance and encouragement of self-expression. For our youngest dancers, instruction includes developmentally appropriate activities in movement, music, coordination and an introduction to ballet.

Pre-Ballet
In Pre-Ballet our major goal is for children to experience the joy of dance, enrich their skills and learn to appreciate this art. Simple ballet steps are taught as well as the five positions of ballet. Skills are completed both at the barre and in the center of the floor. Basic arm positions are also introduced. Students in this class will continue to work on the concepts learned in Creative Dance, but with greater complexity and more emphasis on the elementary ballet steps. Ballet shoes are required.

Tap/Jazz
This combination class provides you the opportunity to learn the basics of jazz and tap dance. Techniques for each will be taught with simple step combinations and dance routines. You are required to have both jazz and tap shoes by the first day of class, ballet shoes may not be substituted for jazz shoes.

Jazz (Beginner, Intermediate & Advanced)
Patterns and combinations will introduce the varied forms or expression in jazz dance. Beginner dancers need no prior dance experience and will be provided basic and fundamental training. Intermediate dancers with prior experience will gain a stronger understanding of the lower level techniques and terminology. Advanced dancers with prior experience will receive more extensive techniques and principles. Jazz shoes required. Ballet shoes may not be substituted for jazz shoes.

Ballet (Beginner, Intermediate & Advanced)
Dancers will increase their knowledge of proper alignment and positioning through a complete barre, center, adagio and allegro. Beginners need no prior knowledge. Intermediate dancers with prior experience will gain a stronger understanding of the lower level techniques and terminology. Advanced dancers with prior experience will be taught how to execute advanced principles. Ballet shoes required.

Tap (Beginner, Intermediate & Advanced)
Rhythm technique, movement and tap combination steps will be learned. Beginner dancers need no prior dance experience and will be provided basic and fundamental training. Intermediate dancers with prior experience will gain a stronger understanding of the lower level techniques and terminology. Advanced dancers with prior experience will be taught how to execute advanced principles. Tap shoes required.

Advanced Technique
A technique class focused on ballet/jazz fundamentals while involving other genres of dance such as modern and lyrical. Focus will be on expanding technical knowledge, developing and strengthening form, musicality and combination execution.

Teen Technique
An advanced technique class focused on ballet/jazz fundamentals while involving other genres of dance such as modern and lyrical. Focus will be on expanding technical knowledge, developing and strengthening form, musicality and combination execution.

Adult Dance
In this class, you will develop new skills and get a great workout! A blend of ballet, jazz, modern and lyrical dance, dancers will focus on each dance technique individually and in tandem.



Did you know???

We offer DANCE BIRTHDAY PARTIES with a Discover Dance Instructor!

For more information, please email Mikie Kudelas at MKudelas@invillapark.com

Discover Dance



DANCE CLASS SCHEDULE

CLASS	AGE	DAY	TIME	CODE	INSTRUCTOR
Creative Dance I	3-4	M	9:30-10 am	DDS10-10	Claryce
Pre-Ballet II	4-5	M	10:15-11 am	DDS05-10	Claryce
Pom Prep	12+	M	6-6:55 pm	DDS15-13	Courtney
Adv. Technique	10+	M	7-7:55 pm	DDS23-10	Courtney
Teen Technique	14+	M	8-8:55 pm	DDS16-11	Courtney
Energy Team	IA	Tu	5-5:55 pm	DDT01-11	Courtney
Impact Team	IA	Tu	6-6:55 pm	DDT02-11	Courtney
Power Team	IA	Tu	7-7:55 pm	DDT03-11	Courtney
Force Team	IA	Tu	8-8:55 pm	DDT07-11	Courtney
Adult Dance	18+	Tu	8:35-9:30 pm	DDS19-11	Allison
Tap/Jazz	5-6	W	4-4:55 pm	DDS11-10	Julia
Beg./Int. Ballet	5+	W	5-5:55 pm	DDS02-10	Julia
Beg./Int. Jazz	5+	W	6-6:55 pm	DDS09-11	Julia
Creative Dance II	3-4	Th	4-4:45 pm	DDS10-11	Allison
Pre-Ballet II	4-5	Th	5-5:55 pm	DDS05-11	Allison

IA= Instructor Approval
*No Online Registration

All dancers must be the proper age by the first day of class.



Placement Day for the 2019-2020 Discover Dance Performance Teams!

The Discover Dance Teams consist of performance teams that partake in numerous area based festivals and events throughout the year, in addition to the Discover Dance Recital. The Discover Dance Teams will rehearse and perform through March 2020 (approximately) with the option of extended Spring and Summer participation (separate registration fees). Participation is by placement only and requires enrollment in at least one additional technique class (excludes hip hop and general combo classes). Placement is based on each dancer's technique and performance abilities (age is only used as a general guideline). Please come prepared in a leotard and tights with jazz shoes and arrive 15 minutes early to complete necessary paperwork.

AGES: 5-10 5-7 pm

AGES: 11-14+ 7-9 pm

IOWA COMMUNITY CENTER

Tu 5-9 pm Jul 16

Can't make the date but still want to participate?

Please contact Dance Director/Artistic Director, Courtney Heneghan with any questions as CHeneghan@invillapark.com

JUNE 17 - AUGUST 1

(NO CLASSES 7/1-7/4)

\$43 6 CLASSES

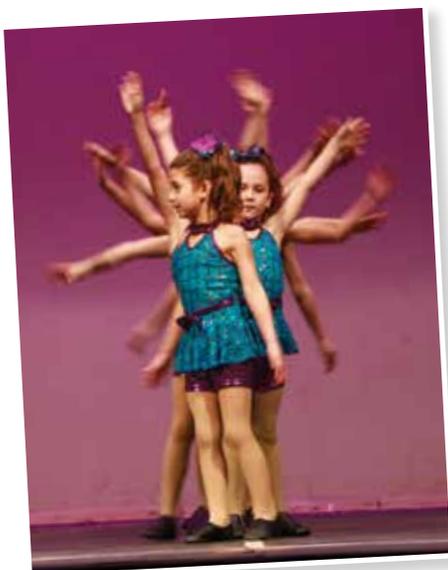
PERFORMANCE TEAMS

(Tuesday classes)

JUNE 11 - AUGUST 13

(NO CLASSES 7/2, 7/16, 7/30, 8/6)

\$43 6 CLASSES



NEW "Team Sneak Peek" Night

Interested in being on one of our Performance Dance Teams? Come get a taste of what it is all about! Join us for a class and get to learn part of their "team" routine. Attire should be leggings or dance shorts with tights and a leotard. No previous dance experience required. Registration is required, no walk-ins will be accepted.

\$5

IOWA COMMUNITY CENTER

TUESDAY, JULY 9

DDT06-10	Energy Team (5+)	5-5:55 pm
DDT06-11	Impact Team (8+)	6-6:55 pm
DDT06-12	Power Team (11+)	7-7:55 pm
DDT06-13	Force Team (14-17)	8-8:55 pm