



DISCOVER DANCE

All dancers must be the proper age by the first day of class. All dance classes are for children unless otherwise noted. Proper dance attire is mandatory. Registration for Performance Team classes is open to current Fall/Winter 2021-2022 team dancers.

ALL CLASSES ARE HELD AT THE IOWA COMMUNITY CENTER.

APRIL 4 - MAY 11 \$43 6 CLASSES



CLASS ATTIRE

CREATIVE DANCE AND BALLET:

Black leotard, pink, black or tan tights, skirts are acceptable, pink ballet shoes

MOMMY AND ME:

Yoga pants, t-shirts, shorts.

JAZZ:

Black leotard, pink, black or tan tights, leggings and jazz shorts are acceptable, black jazz shoes

TAP:

Black leotard, pink, black or tan tights, leggings and jazz shorts are acceptable, black slip on or tie tap shoes.

TECHNIQUE CLASSES:

Black leotard, pink or black tights, black jazz shoes

PERFORMANCE TEAMS:

Black leotard, pink, black or tan tights, leggings and jazz shorts are acceptable, black jazz shoes

HIP HOP:

Yoga pants, t-shirts, shorts, black gym shoes or black jazz shoes.

Dance warm ups (e.g. jazz pants, shrugs, leg warmers) may be worn to class but it is to the instructor's discretion to ask the dancer to remove them once class has begun. Hair must be securely pulled back off the dancer's face for every class. Dancers will be asked to observe class without proper attire and/or hair.

DANCE CLASS DESCRIPTIONS

Creative Dance

Creative Dance provides an introduction to dance and encouragement of self-expression for our youngest dancers. Instruction includes developmentally appropriate activities in movement, music, coordination and an introduction to ballet.

NEW Mommy & Me

Mommy & Me classes involve lots of imagination and games to keep the interest and attention of young students. Children use large motor skill movements such as jumping, skipping and hopping, all while becoming aware of music and rhythm.

Pre-Ballet

Pre-Ballet's major goal is to experience the joy of dance, enrich skills and learn to appreciate this art. Simple ballet steps are taught as well as the five ballet positions. Skills are completed both at the barre and in the center of the floor. Basic arm positions are introduced. Students continue to work on concepts learned in Creative Dance, but with greater complexity and more emphasis on elementary ballet steps. Ballet shoes required.

Tap/Jazz

This combination class provides you the opportunity to learn the basics of jazz and tap dance. Techniques for each will be taught with simple step combinations and dance routines. You are required to have both tap and jazz shoes by the first class. Ballet shoes may not be substituted for jazz shoes.

Ballet/Jazz

A combination of skills introduced in both pre-ballet and jazz combo class. Techniques for each will be taught with simple step and dance combinations. Ballet and jazz shoes required. Ballet shoes may not be substituted for jazz shoes.

Ballet (BEGINNER, INTERMEDIATE & ADVANCED)

Dancers will increase knowledge of proper alignment and positioning through skills in barre, center, adagio and allegro. Beginners need no prior experience. Intermediate dancers gain a stronger understanding of techniques and terminology. Advanced dancers are taught how to execute advanced principles. Ballet shoes required.

Modern (BEGINNER, INTERMEDIATE & ADVANCED)

Dancers will learn a style of dance, free from the restrictions of ballet, where students dance barefoot while exploring their use of gravity. Class curriculum will include an introduction to various styles of modern techniques. Dancers work barefoot.

Tap (BEGINNER, INTERMEDIATE & ADVANCED)

Rhythm technique, movement and tap combination steps will be learned. Beginner dancers need no prior experience and receive basic and fundamental training. Intermediate dancers gain a stronger understanding of techniques and terminology. Advanced dancers are taught how to execute advanced principles. Tap shoes required.

Technique Classes

(BEGINNER, INTERMEDIATE, ADVANCED & TEEN)

This class was created to further develop and strengthen dancers technique utilizing ballet, jazz and lyrical genres. Dancers will learn barre exercises, across the floor skills, combinations and more. The perfect way to keep your dancer "fresh" during the Spring and Summer.

Hip Hop

In this dynamic upbeat class, dancers will learn hip hop technique and choreography. Dancers develop rhythm, coordination and self-expression. Dancers need black gym shoes or black jazz shoes.

Please note that minimum registration numbers need to be met for each class in order for them to run. To avoid having to cancel/combine classes or be put on a wait list, we strongly encourage signing up early for classes.





DISCOVER DANCE CLASS SCHEDULE



APRIL 4 - MAY 11

CLASS	AGE	DAY	TIME	CODE	INSTRUCTOR
Ballet/Jazz	5-6	M	4:30-5:25 pm	DDS34-31	Mary
Mommy & Me NEW	2-3	M	5:30-6:15 pm	DDS21-30	Mary
Energy /Impact Team	IA	M	6:30-7:30 pm	DDT01-31	Mary
Impact/Power Team	IA	M	7:30-8:30 pm	DDT02-31	Mary
Beg Hip Hop	5-9	Tu	4:30-5:25 pm	DDS06-30	Mary
Hip Hop	10+	Tu	5:30-6:25 pm	DDS07-30	Mary
Beg Modern	10+	Tu	6:30-7:25 pm	DDS13-30	Mary
Technique	10+	Tu	7:30-8:25 pm	DDS23-30	Mary
Creative Dance	3-4	W	4:15-5 pm	DDS10-31	Debbie
Pre-Ballet	4-5	W	5-5:55 pm	DDS05-31	Debbie
Tap/Jazz	5-6	W	6-6:55 pm	DDS11-31	Debbie
Beg. Ballet	5+	W	7-7:55 pm	DDS02-31	Debbie

IA= Instructor Approval

All dancers must be the proper age by the first day of class.

QUESTIONS REGARDING THE DANCE PROGRAM?

Contact Ms. Mary, Discover Dance Director at mtrinco@invillapark.com.

The 2021-2022 Discover Dance Recital "LET'S DANCE" will be held on Saturday, February 26, 2022 at Willowbrook High School at 2 pm.

2021-2022 Discover Dance Recital Closing Number

Join our Discover Dance Teams as they close out the 2021-2022 Discover Dance Recital!

Dancers interested in potentially placing on one of our performance troupes in the upcoming 2022-2023 season are encouraged to participate in the Closing Number to experience what it feels like to perform as part of a Performance Team.

- A minimum of 10 dancers is required.
- Participation is based on a first come first served basis
- Please pre-register at the registration office using the registration code below
- No registration fee
- WALK-INS WILL NOT BE ACCEPTED
- A maximum of 20 positions are available.

Dancers must be 5 years or older and currently enrolled in at least one 2021-2022 Discover Dance class.

Attendance for both practices (2/12 & 2/19) and dress rehearsal (TBA) are mandatory. (absent dancers will not be permitted to perform the closing number at recital).

JAZZ SHOES ARE REQUIRED (ballet shoes are not permitted).

IOWA COMMUNITY CENTER

DDR00-31

Sa 11:30 am-1 pm Feb 12, Feb 19



Please see page 3 for face covering requirements.

