



CLASS ATTIRE

PROPER DANCE ATTIRE IS MANDATORY

CREATIVE DANCE AND BALLET:

Any solid color leotard, pink or black tights, skirts are acceptable, pink ballet shoes

TAP:

Any solid color leotard, pink or black tights, black ribbon tie tap shoes for Beginner classes, black adult sole tap shoes for Intermediate & Advanced classes

JAZZ:

Any solid color leotard, pink or black tights, black split sole jazz shoes

TECHNIQUE:

Any color leotard, pink or black tights, black split sole jazz shoes

PERFORMANCE TEAMS:

Black leotard, pink, black or tan tights, leggings and jazz shorts are acceptable, black jazz shoes

Dance warm ups (e.g. jazz pants, shrugs, leg warmers) may be worn to class but it is to the instructor's discretion to ask the dancer to remove them once class has begun. Hair must be securely pulled back off the dancer's face for every class. Dancers will be asked to observe class without proper attire and/or hair.

DISCOVER DANCE

All dancers must be the proper age by the first day of class. All dances classes are for children unless otherwise noted. Proper dance attire is mandatory. Registration for Performance Team classes is open to current Winter/Spring 2019-2020 team dancers.

NOTE: There will be no-prorated fees after classes begin.

IOWA COMMUNITY CENTER



DANCE CLASS DESCRIPTIONS

Creative Dance

Creative Dance provides an introduction to dance and encouragement of self-expression. For our youngest dancers, instruction includes developmentally appropriate activities in movement, music, coordination and an introduction to ballet.

Pre-Ballet

In Pre-Ballet our major goal is for children to experience the joy of dance, enrich their skills and learn to appreciate this art. Simple ballet steps are taught as well as the five positions of ballet. Skills are completed both at the barre and in the center of the floor. Basic arm positions are also introduced. Students in this class will continue to work on the concepts learned in Creative Dance, but with greater complexity and more emphasis on the elementary ballet steps. Ballet shoes are required.

Tap/Jazz

This combination class provides you the opportunity to learn the basics of jazz and tap dance. Techniques for each will be taught with simple step combinations and dance routines. You are required to have both jazz and tap shoes by the first day of class, ballet shoes may not be substituted for jazz shoes.

Jazz (BEGINNER, INTERMEDIATE & ADVANCED)

Patterns and combinations will introduce the varied forms or expression in jazz dance. Beginner dancers need no prior dance experience and will be provided basic and fundamental training. Intermediate dancers with prior experience will gain a stronger understanding of the lower level techniques and terminology. Advanced dancers with prior experience will receive more extensive techniques and principles. Jazz shoes required. Ballet shoes may not be substituted for jazz shoes.

Ballet (BEGINNER, INTERMEDIATE & ADVANCED)

Dancers will increase their knowledge of proper alignment and positioning through a complete barre, center, adagio and allegro. Beginners need no prior knowledge. Intermediate dancers with prior experience will gain a stronger understanding of the lower level techniques and terminology. Advanced dancers with prior experience will be taught how to execute advanced principles. Ballet shoes required.

Tap (BEGINNER, INTERMEDIATE & ADVANCED)

Rhythm technique, movement and tap combination steps will be learned. Beginner dancers need no prior dance experience and will be provided basic and fundamental training. Intermediate dancers with prior experience will gain a stronger understanding of the lower level techniques and terminology. Advanced dancers with prior experience will be taught how to execute advanced principles. Tap shoes required.

Advanced Technique

A technique class focused on ballet/jazz fundamentals while involving other genres of dance such as modern and lyrical. Focus will be on expanding technical knowledge, developing and strengthening form, musicality and combination execution.

Teen Technique

An advanced technique class focused on ballet/jazz fundamentals while involving other genres of dance such as modern and lyrical. Focus will be on expanding technical knowledge, developing and strengthening form, musicality and combination execution.

Please note that minimum registration numbers need to be met for each class in order for them to run. To avoid having to cancel/combine classes or be put on a wait list, we strongly encourage signing up early for classes.

QUESTIONS?

Please contact Discover Dance Artistic Director Courtney Heneghan at CHeneghan@invillapark.com

Did you
know???

We offer DANCE BIRTHDAY PARTIES
with a Discover Dance Instructor!

For more information, please email Mikie Kudelas at MKudelas@invillapark.com



Click on a class to Register Online!

Discover Dance



DISCOVER DANCE CLASS SCHEDULE

CLASS	AGE	DAY	TIME	CODE	INSTRUCTOR
Energy/Impact Team	IA	M	6-6:55 pm	DDT02-11	Courtney
Power Team	IA	M	7-7:55 pm	DDT03-11	Courtney
Force Team	IA	M	8-8:55 pm	DDT07-11	Courtney
Technique Combined	8+	Tu	6-6:55 pm	DDS14-14	Courtney



IA = Instructor Approval

Questions regarding the dance program? Contact Ms. Courtney, Discover Dance Director at CHeneghan@invillapark.com

Placement Day for the 2020-2021 Discover Dance Performance Teams!

The Discover Dance Teams consist of performance teams that partake in numerous area based festivals and events throughout the year, in addition to the Discover Dance Recital. The Discover Dance Teams will rehearse and perform through March 2021 (approximately) with the option of extended Spring and Summer participation (separate registration fees). Participation is by placement only and requires enrollment in at least one additional technique class (excludes hip hop and general combo classes). Placement is based on each dancer's technique and performance abilities (age is only used as a general guideline). Please come prepared in a leotard and tights with jazz shoes and arrive 15 minutes early to complete necessary paperwork.

AGES: 5-10 5-7 pm

AGES: 11-14+ 7-9 pm

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M Jul 20

Can't make the date but still want to participate?

Please contact Dance Director/Artistic Director, Courtney Heneghan with any questions at CHeneghan@invillapark.com



JUNE 23-JULY 30

\$43

6 CLASSES

PERFORMANCE TEAMS

(Monday classes only)

JUNE 22-AUGUST 17

(NO CLASSES 6/29, 7/20, 7/27)

\$43

6 CLASSES



NEW

"Team Sneak Peek" Night

Interested in being on one of our Performance Dance Teams? Come get a taste of what it is all about! Join us for a class and get to learn part of their "team" routine. Attire should be leggings or dance shorts with tights and a leotard. No previous dance experience required. Registration is required, no walk-ins will be accepted.

\$5

IOWA COMMUNITY CENTER

MONDAY, JULY 13

DDT06-11 Energy Team (5+)/Impact Team (8+) 6-6:55 pm

DDT06-12 Power Team (11+) 7-7:55 pm

DDT06-13 Force Team (14-17) 8-8:55 pm



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