



VILLA PARK • Parks and Recreation is proud to partner with Tumbling Times Gymnastics in Addison to provide you with an elite gymnastics training center.

Their mission is to build confidence, courage, strength and self-control in a fun and safe environment. All classes are held at Tumbling Times Gymnastics, 400 Rohlwing Road, Addison.

**TWO
SESSIONS**

SESSION 1 - Jan 4-Feb 13
6 weeks

SESSION 2 - Feb 15-Mar 27
6 weeks

[Click on class to go to online registration.](#)

Parent-Tot Gymnastics

Over, under, forward and back; there's an adventure in every class. With the help of parents, children will explore the four areas of gymnastics (bars, beam, vault and tumbling). Participants will learn skills related to jumping, skipping, rolling, climbing and balancing.

AGES: 18 mos-3 years

GEC12-36 W 9:30-10 am 2/17-3/24

GEC12-37 Sa 9-9:30 am 2/20-3/27

Tiny Times Gymnastics

Children will learn body position as well as beginning skills on the bars, floor, springboard and balance beam. All participants must be toilet independent and be able to follow directions without the help of a parent.

AGES: 3-4

GEC10-38 Sa 9:10-9:55 am 2/20-3/27

Super Times Gymnastics

The gymnastics adventure continues. Swinging, rolling, jumping and balancing, children will learn skills on the bars, floor, springboard and balance beam.

AGES: 4-5

GEC11-36 Sa 9:10-9:55 am 2/20-3/27

Beginner Level 1

Participants learn skills on the traditional gymnastics events, including tumbling, bars, vault and beam, all in a controlled environment. Children who have never been in a gymnastics class before should enroll in Beginner 1.

AGES: 6-14

GYT10-38 M 4:15-5:15 pm 2/15-3/22

GYT10-39 Sa 10:05-11:05 am 2/20-3/27

Tumbling 1 - Rolls to Walkovers

Tumblers will learn progressions from forward and backward rolls up through front and back walkovers.

AGES: 6-14

\$83

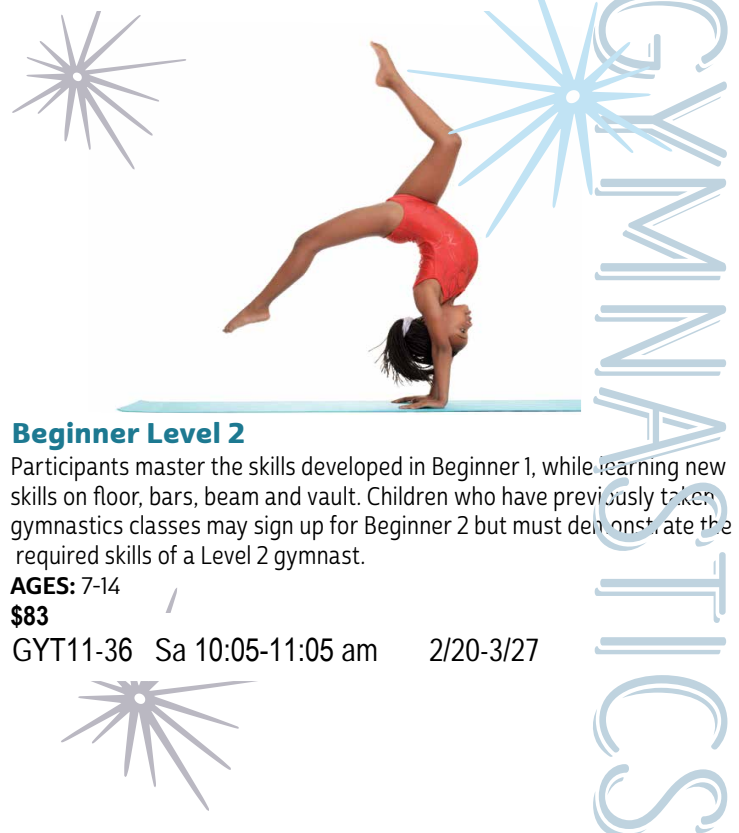
GYT13-32 Tu 5:20-6:20 pm 2/16-3/23

Tumbling 2 - Back Handsprings to Back Tucks

This is for tumblers who can successfully perform a back and front walkover and are ready to learn back handsprings and back tucks.

AGES: 6-14

gyt14-31 Tu 5:20-6:20 pm 2/16-3/23



Beginner Level 2

Participants master the skills developed in Beginner 1, while learning new skills on floor, bars, beam and vault. Children who have previously taken gymnastics classes may sign up for Beginner 2 but must demonstrate the required skills of a Level 2 gymnast.

AGES: 7-14

\$83

GYT11-36 Sa 10:05-11:05 am 2/20-3/27

